

# Looking for ways to improve your results this year?

[www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)



The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for students as to the study skills needed for success in high school studies. Our school has subscribed and this allows you to access all of the information at any time. You may like to work through the units systematically to help improve your results or browse on an as needed basis.

## Features:

*In addition to the huge amount of content, the systematic program for students to work through includes:*

- online quizzes
- summary sheets
- worksheets
- lots of FAQs answered
- articles and links
- online polls
- facility to submit questions
- helpful grids and planners
- jokes and quotes
- student thoughts
- images and photos
- students can submit ideas to win competitions...

*Plus:*

- lots of audio and video files

- streaming audio (to allow students the option to read or listen to the content)

*And:* new content added weekly, new units added each year, new features added regularly.

There is also a tracking system where you save the results of your quizzes over the years.

## What's in the handbook?

### **Working Better At Home Units**

1. Home Study Environment
2. Organisation and Filing
3. Time Management Skills
4. Managing Workload
5. Dealing with Distractions
6. Overcoming Procrastination
7. Developing Motivation
8. Goal Setting
9. Lifestyle and Balance
10. Managing Stress



### **Working Better At School Units**

1. Will we ever use this?
2. Using Classtime
3. Asking for Help
4. Dealing with Conflict
5. Groupwork Skills



### **Improving Your Skills Units**

1. Reading Skills
2. Writing Skills
3. Mathematical Skills
4. Science Skills
5. Foreign Language Skills
6. Assignments Skills
7. Research Skills
8. Presentation Skills

### **Improving How You Study Units**

1. Summarising
2. Active Studying
3. Exam Blocks
4. Test-Taking Techniques
5. After Tests & Exams

**extra mini-units:** Starting Secondary School, Becoming a Senior Student, Bullying: Issues and Strategies, Managing Part-Time Jobs, Your Brain and Memory, Live Your Best Life, Educational Kinesiology, Living Across 2 Houses, Travel: A Motivator to Learn, University: A New Adventure, Technology Tools, Basic Computer Skills, Be CyberSmart, Apps for iPhone, iPad or Android, Microsoft OneNote

To access the handbook, go to [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)  
and **login as a subscriber** with these details:

user name:

password:



**Enhanced Learning  
Educational Services**  
"the study skills specialist"

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